December 2023

Volume 45 Issue 12

# **Common Threads**

# Greater San Antonio Quilt Guild, Inc. Incoproated August 1980



www.sanantonioquilt.org 210-984-6149

# December 9th Guild Meeting

#### NO Business Meeting

Secret Pals at 10 am

Christmas Cookies
Party at 11 am

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# Remember to bring:

- Name tag (wear it)
- Library books, & DVDs
- QPC projects
- Bright Hopes quilts
- Smiles for everyone

### President's Letter

Some business meetings are all work, but not ours! Outgoing 3<sup>rd</sup> VP Sandra Lowell planned a spectacular activity for us. Panel Palooza drew 22 beautiful entries. Thank you to all who accepted the challenge and made it so special. Congratulations to our winners: Deborah Woodward in first place, Laurel Spencer in second place, and Bernie Farris in third.

Janet Miller, chair of Community Quilt Angels, presented beautiful patriotic quilts to three of our members who have served in the armed forces. This year's recipients were Laura Pacha, Kathleen McClendon, and Brenda Young. The presentation was especially moving because our meeting fell on November 11, Veterans Day.

My Christmas tree is already up! To be honest, it currently has only two ornaments. The first is a glass chili ristra that escaped our detection when we put the tree away last year. The second is a black glass Egyptian cat that was just given to me. In other words, all we have done is bring the tree in from the garage and add one item. By the time the newsletter is published, though, it will be covered with sparkling ornaments.

I hope to see you all at our December meeting on the 9<sup>th</sup>. We'll have no business or services, but there will be plenty of cookies and fun. Secret Pal participants will meet at 10 a.m. for the gift exchange, and all other members are welcome at 11 a.m. Bottled water will be provided. Bring your own beverage if desired. Board members will provide cookies. If you bake a favorite Christmas cookie I hope you will bring some to share. Bring your Secret Pal information form if you haven't already turned it in. You won't want to miss out on the fun in 2024!

Elaine

#### **CONGRATULATIONS WINNERS!**



Golden Carrot & Door Prize Nancy & Bernie

#### 2024 Programs

#### December

December 9 - No business meeting. Secret Sewing Pals Christmas get together, then Guild Cookie Party.

#### **January**

January 13 - Biggie Bag Challenge Speaker to be announced

#### **February**

February 10 - Speaker to be announced

#### March

March 10 - Karen Miller, Aurofill Friday free motion quilting on a panel class Saturday lecture and trunk show.

Mary McCarthy

#### WINTER RETREAT 2024

In need of some cooler weather? If so, come join us at Winter Retreat!

January 25-28, 2024 Newks Tennis Ranch, New Braunfels

Thursday - Sunday \$350 Friday - Sunday \$260 Final winter retreat payment is due at November Guild meeting.

If you would like to be added to the wait list, see Melissa Allo.

Questions? Email Melissa at melissa\_777@ earthlink.net or call 210-387-6495!

Secret Pals 2023 participants will exchange their final gifts at 10 am on Saturday, December 9, just prior to the guild cookie party. There will be forms available for the 2024 round.

I have a question and one of the shops here in San Antonio told me to reach out to you. My mother started a T-shirt quilt after my dad passed away. Two days ago, she was diagnosed with pancreatic cancer and the one thing she asked of me was to get the quilt finished. I believe it is basted and maybe stitched in the middle, is there anyone you can recommend who could complete the quilt in a quick manner? My phone number is 210-269-9240.

Thank you, Tricia

#### **NEWSLETTER INPUT**

DEADLINE is Midnight the Monday after Guild meeting. E-mail: quiltnews@sanantonioquilt.org

#### **NEWSLETTER ADVERTISING**

Monthly Yearly
Full page ad \$60.00 \$660

1/2 page ad \$30.00 \$330

(horizontal - 7 x 4 3/4

vertical - 3 3/8 x 9 1/2)

1/4 page ad \$15.00 \$165

Business card (2 x 3.5) \$10.00 \$110

All guild members may advertise in the newslettter one free business card size each year. Must be quilt related.

# GSAQG BOARD MEETING MINUTES NOVEMBER 6, 2023

President Elaine Staller called the meeting to order at 7:03 p.m. Present: Elaine Staller, Dea Jae Shore, Melissa Allo, Cindy Shutt, Sandy Doyle, Sandra Lowell, Jean Hardies, Ina Ramirez, Mary McCarthy, Gail Clover. Guests: Ida Kujawski

#### President - Elaine Staller -

- 1. October Board Meeting Minutes were approved as written.
- 2. Calico Roses and Buds will be awarded to Linda Kirk and Jackie Randall for work on Mini Retreat.
- 3. Two Tips of the Month have been submitted.

President Pro Tem – Dea Jae Shore – No report.

#### Secretary – Melissa Allo –

1. One phone call received.

#### Treasurer - Cindy Shutt

1. The balance in all accounts as of October 31st is \$79,196.32

#### 1st VP for Special Events – Sandra Doyle

- 1. Mini Retreat had 24 attendees. Great food and fellowship occurred.
- 2. Winter Retreat January 25-28<sup>th</sup>, 2024 4 days \$350, 3 days \$260. Newks Tennis Ranch, New Braunfels. Wait list available. See Melissa Allo
- 3. 2023 Quilt Show Raffle Quilt winner was Maureen Christian. Still waiting for delivery information.
- 4. 2025 Quilt Show Chair will be Melissa Allo.
- 5. Auction 2024 In person Auction does not have a Chair. Ida Kujawski and her committee have been researching online auction options.

#### 2nd VP for Information - Ina Ramirez -

- 1. Newsletter review to be sent out Tuesday.
- 2. Ina will not be present at November

#### meeting.

#### 3rd VP for Special Programs – Sandra Lowell

- 1. November Business meeting, Veterans Quilts presented, Panelpalooza showcase.
- 2. December Bingo and fellowship
- 3. Concerns were brought up that a majority of meeting attendees are leaving before the speaker presents. Suggestions needed to help discourage this and show support for the teachers we bring in.

#### 4th VP for Services - Jean Hardies

- 1. Bee Keeper is needed.
- 2. List of library books published before 2000 is due to Jean by 2/1/24.

# 5th VP for Community Outreach – Mary McCarthy

1. Position of Community Education Committee chair is open.

#### Parliamentarian - Gail Clover -

1. Officer nominations will be taken from the floor in November.

#### **Unfinished Business:**

- Policies and General Information will be looked at and revised in February 2024.
- Ida Kujawski presented ad hoc committee findings for online auction opportunities.

New Business: None

Meeting adjourned: 8:19 p.m. Minutes submitted by: Melissa Allo, Secretary

#### **BUSY FINGERS WORKSHOP**



JEANNETTE JAY - BAGINEER BAG MAKING CLASSES IN MY HOME STUDIO

SAN ANTONIO, TEXAS 210-219-8880 busyfingerssa@sbcglobal.net

instagram.com/mamajay55 etsy.com/shop/busyfingersworkshop

# GSAQG GENERAL MEETING MINUTES NOVEMBER 11, 2023

#### President – Elaine Staller – President

- Elaine Staller called the meeting to order at 10:01 a.m.
- 2. October General Meeting Minutes were approved as published..
- 3. Visitors were introduced.
- Officer candidates were introduced and there were no nominations from the floor. Slate of officers approved by acclamation.
- 5. A Calico Rose was presented to Linda Kirk and a Calico Bud was presented to Jackie Randall for their work on the Mini Retreat.

#### President Pro Tem - Dea Jae Shore -

1. If you are not receiving the newsletter please see Dea Jae Shore to verify your email address.

#### Secretary – Melissa Allo –

- 1. One phone call received asking for help getting information about their grandmother's quilt.
- Elaine Staller received 1 phone call from Valerie Arcement about selling a hand made quilting frame.
- 3. Mary McCarthy will be running Secret Pals for 2024.

#### Treasurer - Cindy Shutt

- 1. The balance in all accounts as of October 31st is \$79,196.32.
- The 2024 Budget was presented and discussed. Motion was made by Jeanette Jay to accept. Membership voted and approved the Budget as printed.

#### 1st VP for Special Events – Sandra Doyle

- 1. Mini Retreat had 24 attendees. Great food and fellowship occurred.
- Winter Retreat January 25-28<sup>th</sup>, 2024 4 days -\$350, 3 days \$260. Newks Tennis Ranch, New Braunfels. Wait list available. See Melissa Allo.
- 3. Auction 2024 In person Auction does not have a Chair. Ida Kujawski presented her committee's findings on online auctions.
- 4. Spring Mini Retreat tentative dates are March 22-23, 2024.
- 5. 2025 Quilt Show Chair will be Melissa Allo.

#### 2nd VP for Information – Ina Ramirez – report sent

 Ina asks that if you send a picture in for the newsletter, please provide a small blurb about it

- 2. Please use 12 point Calibri type face font for any items sent for the newsletter.
- 3. There is a need for an IT person to take over in 2024.

#### 3rd VP for Special Programs – Sandra Lowell

- 1. 40 challenge blocks were won by Cathy Wallace. Next block will be due in January.
- 2. November Business meeting, Veterans Quilts presented, Panel Palooza showcase.
- 3. Biggie Bag Challenge was introduced. Signups start today in order to get an estimate of the number of bags to make.
- 4. December Secret Pal Reveal will start at 10 am. Holiday Party for all will begin at 11 am.
- 5. Programs set through July 2024.

#### 4th VP for Services – Jean Hardies

- 1. Ida Kujawski volunteered to serve as Bee Keeper.
- 2. Door prize: Nancy Beasely; Golden Carrot: Bernie Farris.
- 3. Ida Kujawski and Gail Clover volunteered to join library committee.
- 4. List of library's books published before 2000 is due to Jean Hardies by 2/1/24.

#### 5th VP for Community Outreach – Mary McCarthy

- 1. Bright Hopes, Linda Nash nothing to report.
- Education Committee, Oralia Aves nothing to report.
- 3. Storybook Quilts, Viki Ash nothing to report.
- Community Quilt Angels, Janet Miller nothing to report.

Parliamentarian – Gail Clover – nothing to report.

#### **Unfinished Business:**

• Ida Kujawski reported findings of the ad hoc committee report on online auction opportunities.

New Business: Survey of members' interests and skills will be coming.

Meeting adjourned: 11:03 a.m.

Minutes submitted by: Melissa Allo, Secretary.

12.2023 Pieces of the Past, 163: 19 Quilts for Natalie, by Ellen Hernandez



An expression for the current global trying times could be 'World on Fire' – like the name of a recent WWII PBS series. With the changing of seasons, fall and winter usher in many cultural events and traditions that embrace the **hope of peaceful gatherings.** May you find a way to feel peaceful in periods of unrest, and perhaps take

inspiration from these stories about how two women turned their grief into comfort for others. A quilt is a great *comforter*. Interestingly, scientists recognize that making a quilt is also beneficial for the quilter.

Kelly Lambert, PH.D. is a professor of behavioral neuroscience at the University of Richmond. She states that hand movements and thought processes made while quilting, painting, knitting, and crafting trigger our brains to release dopamine and serotonin, the feel happy neurotransmitters. The repetitive motions of crafting also lower levels of stress-inducing cortisol.



Audrey Matthews, an oncology nurse, had been living in Salt Lake City for 25 years. Her husband's work required a relocation to a small desert Utah town many miles away. Audrey had recently learned to quilt and was enjoying her new sewing machine and trying different patterns. One night in 2014 Audrey and 19-year-old daughter, Natalie, were involved in a car accident. Natalie swerved to avoid hitting another car and a deer. Their car flipped and Natalie

was killed instantly.

Due to the emotional trauma, Audrey did not go back to work. She decided to make quilts for Natalie's grieving friends and family members, about 19. Her go-to pattern was a heart with a missing piece. The number of

friends that had been touched by Natalie kept growing and Audrey ended up making 100 quilts. Audrey eventually started a non-profit, 19 Quilts for Natalie, assisted by volunteers to make quilts for other grieving mothers. Additionally, chemo quilts have been donated to two hospitals every year on Natalie's February birthday and her July death anniversary. Donations are used to buy fabric, batting, thread, and shipping supplies. Quilt tops and finished quilts for infants through twin size are accepted. www.19quiltsfornatalie.com











Sherri Lynn Wood is a modern quilt artist and author with a Master's Degree in Theology. After making quilts from her mother's and grandmothers' clothing in 2003 she started helping others experiencing grief. To make a quilt, clothes of the deceased are put together without a pattern or ruler, a project even non-quilters are able to complete. Wood calls her process *Passage Quilting* and she provides consultation, workshops, and commissions.

www.sherrilynnwood.com







Greater San Antonio Quilt Guild				YTD Actual	2023 Budget
Treasurer's Report			Storage facility	\$3,451.00	4,000.00
For the Ten Months ending October 31, 2023		Rent (Meetings)	\$2,435.00	3,360.00	
	YTD Actual	2023 Budget	Rent (Workshops)	\$125.00	500.00
REVENUES			Janitorial	\$200.00	600.00
Ordinary Income:			Quilt Stand	\$76.99	
Interest	\$12.78	200.00	Membership expenses:		
CD Interest	\$577.40		Membership Supplies	\$21.00	50.00
Other income			Stationery Purchase	\$300.91	350.00
Garage Sale	\$190.50		Newsletter / Directory Printing	\$170.00	200.00
Staionery Sales	\$160.00		Newsletter Prize	\$25.00	
Magazine Sales	\$94.00		Postage	\$23.37	50.00
Nametage Fines	\$15.70		Zoom Subscription	\$160.02	160.00
Newsletter Postage	\$30.00		Webpage		280.00
Dues - Membership	\$4,603.50	3,000.00	Quilt Show	\$34,419.72	41,970.00
Newsletter / Directory Ads	\$225.00	250.00	Auction		0.00
Boot Block Challenge	\$101.26		Community Activities:		
Workshops	\$880.00	1,100.00	Bright Hopes	\$448.65	901.26
Fund Raising:			Storybook Quilts		250.00
Quilt Show	\$53,921.00	51,480.00	Community Education		150.00
Auction		0.00	Programs	\$1,909.63	\$2,500.00
Self-Sustaining:			Workshops	\$1,920.00	\$1,000.00
Retreat - Summer	\$11,455.00	\$12,000.00	Self-Sustaining Activities:		
Retreat - Winter	\$13,235.00	\$12,000.00	Mini-Retreats	\$845.14	\$1,000.00
Mini-Retreats	\$1,815.00	\$1,000.00	Retreat - Summer	\$11,448.02	\$12,000.00
One Time Donation	\$5.00		Retreat - Winter	\$13,235.00	\$12,000.00
Total Revenues	\$87,321.14	\$87,120.00	Total Expenses	\$74,399.16	\$87,221.26
EXPENSES			Net	\$12,921.98	\$(101.26)
Administration:			Ending Frost Operating	\$13,337.49	
Memorial Poster	\$43.50	400.00	Ending Frost Savings	\$15,005.55	
Computer Equip	\$108.24		SSFCU CD's & Savings	\$39,140.05	
Bank & CC	\$366.93	500.00	SSFCU Wright Class CD	\$11,713.23	
Insurance	\$1,544.60	2,000.00		\$79,196.32	
Office Supplies & Postage	\$166.00	200.00	Liabilities		
CPA / Tax Return	\$600.00	600.00	winter retreat funds		
				\$(7,810.00)	
Door Prizes		0.00	Total Guild Funds	\$71,386.32	
Telephone	\$100.44	250.00	Cynthia Shutt, Treasurer		

Zoom Information for the Greater San Antonio Quilt Guild Meeting

Wendy Quilter is inviting you to a scheduled Zoom meeting.

When: Sat, January 13, 9:30 am – 10:30 am

Where: On Zoom

Zoom Meeting Link: https://us02web.zoom.us/j/88054868999?pwd=RHU1d3BMMzNIOC9VRkhpS2VlaHJHdz09

Meeting ID: 880 5486 8999

Passcode: 607875

## 2024 GSAQG Summer Retreat Rock Around the Block!!

Sunday June 9 - Thursday June 13, 2024 (4 nights) Valley Ranch Retreat & Event Center 105 Mockingbird Lane Camp Wood, TX 78833

\$415/person

Accepting \$150 deposits at Feb 2024 Guild



#### **Teacher Wanted**

I inherited a Bernina Q20 and while I know a bit, I really need someone to help me learn about it. I have manuals but don't seem to be able to get too far. I will pay \$25 an hour to someone who will come to my home/studio and help me along. Please call or email me if you are able and interested 210-643-2128

Susie Monday susiemonday@gmail.com 210-643-2128 www.susiemonday.com



#### **JEREMY RHONE**

OWNER

(210) 396-9896 License # TACLB112264E rhonehvac@gmail.com

#### Kudos to Landa Bee!



Members of the Landa Bee, Jari O'Connor, Viki Ash, Jay Beatty, Donna Anderson, and Trish Nicolson (not pictured) made holiday mug rugs for the staff of the Landa Branch Library in appreciation of their hospitality. The Landa Bee, co-sponsored by GSAQG and the branch, meets at the library on the first Sunday of each month from 2:00 to 5:00.

#### WALKER RANCH BEE

Come one come all, we need to get our numbers up, for the quilting group on the Third Wednesday of the month. This month will be the 15th of November, a week before Thanksgiving.

Now you know that you all have handwork to do, so if you don't want to bring machines. Or get your fabric and patterns out, and bring your cutters, and scissors, and cut the next quilt.

This will be our last meeting of the year, as we'll take December off, and begin again with a fresh start on January 17th, just in time to start our valentine sewing.

Call Shirley if you have any questions, 210-452-3801.

#### **Rock Around the Block!**

Greater San Antonio Quilt Guild 35<sup>th</sup> Annual Charlotte Flesher Summer Quilt Retreat

# Valley Ranch Retreat Center, Camp Wood, TX Sunday, June 9, 2024, to Thursday, June 13, 2024.

SIGN-UP AND MEDICAL EMERGENCY INFORMATION SHEET

SS
Address
Home/Cell
ency Contact
ency Contact Phone(s)
an's Name Phone Number
edical conditions that we need to know about
need a shower chair? YES NO
u wear a MAGNETIC name tag? YES NO
nate Preferences
nate Preferences
e for the 2024 Summer Retreat is \$415/person. Deposit is \$150.  gistration form must be received along with your deposit to reserve your spot.
pants Agreements: Guild membership is required in order to register for summer retreat. Full payment is due no later than our May 11, 2024 guild meeting.
Waiting List: No money is required from waiting list participants, but the Information Sheet and payment are required in order to be moved to the Roster. Refunds: Your slot may be filled from a priority waiting list or you must have a designated replacement participant who encumbers all required fees. In the event there is no waiting list or you have no designated participant that is paid in full, no refund will be given due to contractual responsibilities as the event is self-supporting (Initials)  Any person(s) creating a verbal or physical situation that leads to the disruption of or the feeling of being unsafe at a retreat will be immediately removed from the premises of the retreat.  a) No monetary fees for the retreat will be returned.
<ul> <li>b) The person(s) in charge of such retreat has the responsibility to enforce the above and gain assistance from legal enforcement, if necessary, to maintain the safe and productive environment.</li> <li>c) The board may reserve the option of barring the said individual(s) from attending an event for a period of time and/or removing such individuals from guild membership</li></ul>

#### **Secret Pal Information**

Your N	Name:						
Your Phone:							
Your Email:							
Name/phone of friend to contact for gift suggestions:							
Name	e/phone of friend who can pick up your gifts for you:						
Please	e list your Favorites!						
	Colors						
$\Diamond$	Fabric line						
$\Diamond$	Quilt designer						
$\Diamond$	Quilt shop						
$\Diamond$	Quilt magazine						
What	would you like to receive? (Select as many as you'd like!)						
$\Diamond$	Fabric						
$\Diamond$	Thread						
$\Diamond$	Patterns						
$\Diamond$	Tools/gadgets						
$\Diamond$	Other (please specify)						
Would	d you like fabric for a specific project? Describe						
Would	d you like to receive blocks of a specific color, pattern, or size? If so, describe:						
Choos	se your favorite method in each:						
•	Piecing: hand or machine						
•	Quilting: hand or machine						
•	Applique: hand or machine						
What	else would you like your pal to know about you?						

#### CALICO ROSES AWARDED



















Calico Rosebuds Awarded



Interested in Joining us for a meeting but can't seem to be able to make it in person? No worries, just go to our website: https://www.sanantonioquilt.org/click on the CALENDAR link in the page, then click on the ZOOM meeting link on the date of the meeting. Our Zoom person will be available 15 minutes prior to the meeting itself to let you in. Come join us and have some camaraderie via ZOOM!

#### **CONGRATULATIONS!**



Cathy Wallace - Block of the Month Winner!

#### Greater San Antonio Quilt Guild, Inc P.O. Box 380522 San Antonio, TX 78268

#### **RETURN SERVICE REQUESTED**

#### **December Schedule**

# December 2 Board Meeting 1 PM at Sandy's Home December 9 Secret Pals Unveiling 10 AM Christmas Cookies Gathering 11 AM

#### **Saint Andrew Presbyterian Church**

Check out the calendar on our web page for Bee meetings and other Guild related events.

#### ANNUAL MEMBERSHIP INFORMATION

REGULAR DUES \$ 28 SENIOR (65+) \$ 21 YOUTH (6-18) \$ 7

> Send check to: GSAQG PO Box 380522 San Antonio, TX 78268

#### **Board of Directors**

Elaine Staller

**DeaJea Shore** 

President

**President Pro Tem** 

1st Vice President	
for Special Events	Sandra Doyle
2nd Vice President	
for Information	Ina Ramirez
<b>3rd Vice President</b>	
for Programs	Sandra Lowell
4th Vice President	
for Services	Jean Hardies
5th Vice President for	
Community Outreach	Mary McCarthy
Secretary	Melissa Allo
Treasurer	<b>Cindy Shutt</b>
Parliamentarian	Gail Clover

**Term expires December 2023**