

## Bento Box Quilt Block – Quick Piecing Method

This block is named after the Japanese lunch box of the same name. To make one 12" finished block, you need 1 pair of 2 ½" strips in contrasting fabrics.

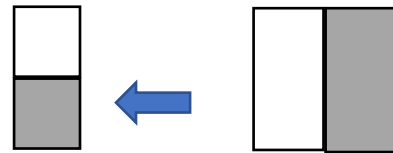


Step 1: Trim the selvages off. Don't trim too much! There will only be about 1 -2" left!  
Cut 2 6 ½" pieces from both strips. You should have 2 dark and 2 light.

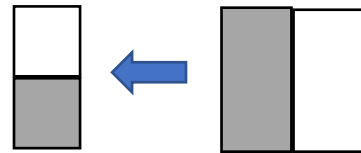
Step 2: Sew the remaining strips together and press to the dark.

Step 3: Cut from the strip: 4 4 ½" long pieces and 4 2 ½" long pieces.

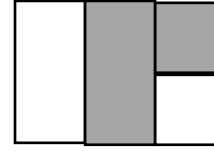
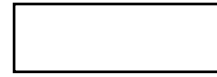
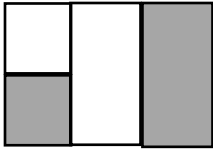
Step 4: This is the step that can be tricky. Take 1 of the 2 ½" long pieces, and have the **darker** fabric on the bottom. That's the trick. Sew the **light** side of a 4 ½" piece. Repeat to have two of the same.



Step 5: Take 1 of the 2 ½" long pieces, and have the **darker** fabric on the bottom. Sew the **dark** side of a 4 ½" piece. Repeat to have two of the same.

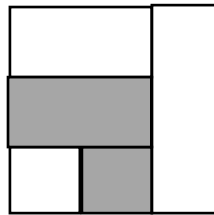
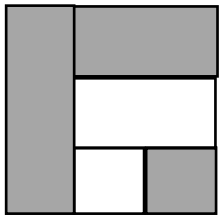


Step 6: Attach the 6 1/2" long pieces. This is the "hat" because it always goes on top. The four blocks will look like a quarter of a square bulls eye. The outermost fabric of the 4 1/2" piece is the one that goes on top.



Step 7. Make a giant 4 patch. Sew a block with dark outside to one with light outside. Sew the other two the same way.

I always put the dark on my left and the light on my right so that they will alternate correctly.



Can you see the rings of

Finished block

